

## Spring Hiking Days

*Donnerstag, 7. Mai – Samstag, 9. Mai 2026*

**Hiking Guide:** Manfred Joppi

**Hiking Destinations** (refreshment opportunities are planned for all hikes):

**Thursday, May 7, 2026**

### **Mendelpass - Malosco Alm - Regole-Mendelpass**

The hike starts at the Mendel Pass, one of South Tyrol's most famous Alpine passes, and initially leads along alpine pasture and forest tracks to the Malosco Alpine Pasture. Along the way, magnificent views of the Adige Valley and the surrounding mountains repeatedly open up. After a rest at the pasture, the hike continues towards Regole. On the return to the Mendel Pass, you follow quiet mountain paths that offer diverse impressions of nature and landscape.

*Walking time 4 hours – length 12.0 km – altitude difference 520m*

**Friday, May 8, 2026**

### **Lake Garda – Hike: Torbole - Busatte - Tempesta – Torbole**

The tour begins in the charming Lake Garda town of Torbole and initially leads along the famous Busatte Cliffs. Narrow paths with spectacular panoramic views of Lake Garda alternate with sections through the forest and over sunny rocks. After a short climb, you reach Tempesta, where impressive viewpoints over the valley and the lake await. On the return to Torbole, you can repeatedly enjoy the blend of nature and the panoramic views of Lake Garda.

*Walking time 3.5 hours – length 10.0 km – altitude difference 420m*

**Saturday, 9 May 2026**

### **Tramin – Gummererhof – Göllerwiese - Tramin**

This varied circular tour starts in Tramin and leads along partly steep paths through vineyards and forests up to the Gummererhof. It continues over rocky passages and the striking 'White Giants' with impressive views down to Tramin, the South Tyrolean lowlands and Lake Kaltern. After the more challenging ascent, you reach the Göllerwiese – a clearing with great views, ideal for a short rest. The way back leads down into the valley again on forest paths.

*Walking time 4.5 hours – length 12 km – altitude difference 610m*

**From 5 pm onwards, we invite all participants to an aperitif.**

**WWW.TRAMIN.COM**



**Tourismusverein Tramin – Associazione turistica Termeno – Raiffeisen**

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