

AUTUMN HIKING DAYS

Program

From Tramin, through the Rastenbach gorge and to Lake Caldaro

9 a.m. Meeting point at the Tramin tourist office. We hike via the fraction Sella to Castelvechio, where our descent to Lake Caldaro begins. This leads via the „Gola del Rio Rasten. This gorge is a protected biotope that leads us over artificial bridges and stairs down into the valley. We walk along the lake, through apple orchards and vineyards back to Tramin.

Panoramic hike

„Bolzano - Kohlern - Schneiderwiesen.“

8.45 a.m. Meeting point at the Tramin tourist office. We take public transport to Bolzano, where we take the cable car up to the summer resort of Kohlern. We hike from „Bauernkohlern“ to „Herrenkohlern“ as far as the „Schneiderwiesen“ meadows. From there, we walk across meadows and forests back to the mountain station and Bolzano. After the eventful hike, immerse yourself in the vibrant life of Bolzano's old town. Your hiking guide will show you the famous „Waltherplatz, the ideal starting point for an individual exploration tour through the charming alleyways and historic buildings.

Adventure on the Fennberg: (Day 2 Option B)

9 am. Meeting point Tramin Tourist Office, from where you take the bus to Kurtinig. Immerse yourself in an exciting adventure on the picturesque Fennberg! The Tramin Tourist Office invites you to join them for an unforgettable day of thrills and breathtaking views as we explore the spectacular via ferrata. Start the day with a warm welcome and a thorough safety briefing from our experienced mountain guides. Safety first!

Once we reach the start, the real adventure begins! Climb along the spectacular rock faces, secured by steel cables and step bars, while enjoying the breathtaking views of the surrounding landscape. After the exciting via ferrata adventure, we take a well-deserved break.

Please note that this excursion requires a moderate level of physical fitness and is not suitable for people with a fear of heights. We will provide you with the climbing equipment.

Travel through time: Hike in the „Bletterbach“Gorge

Embark on a fascinating journey through millions of years and discover the secrets of the Bletterbach Gorge and the Weisshorn!

9 a.m. Meeting point at the Tramin Tourist Office, from where you take a bus to Radein, where your adventure begins in the Geomuseum. There you will be shown and explained what you can discover on the following hike along the Bletterbach gorge.

The exciting hike then begins through the natural monument, which documents the history of the Dolomites from prehistoric times to the present day. Informative boards along the way provide fascinating details about the various rock formations, fossils and show how not only humans but also dinosaurs once used and inhabited *this landscape*.

Through the roaring gorge: canyoning tour in the Rio Sass (day 4)

9 am. Meeting point at the Tramin Tourist Office, from where you take the bus to „Fondo “. The guided hike through the fascinating world of the Rio Sass Canyon starts from there. Our hike takes you through breathtaking gorge landscapes, geological diversity and lush vegetation. Immerse yourself in the mystical atmosphere of the canyon, which the Rio Sass torrent has shaped over thousands of years. Explore narrow rock formations, admire thundering waterfalls and be impressed by the *power* of nature. Please note that this excursion requires a moderate level of physical fitness.

Closing evening:

After the eventful days of hiking through the breathtaking landscape, a culinary finale awaits you: a wine tasting/drink in the vinotheque from „Elzenbaum“winery, paired with a traditional „Traminer Marende“.